

# The Pointer

June '09 Newsletter



## Open Water Trophies

**4 Open Water Trophies** are up for grabs!

- 1) submit your best 5 swim results from last season, including the event place & date
  - 2) submit your total distance swum in all open water events entered.
- Please email to Archer before August 1<sup>st</sup>.

## Upcoming Competitions

### Inter-club

Sat. 11 July, **Casey Seals Meet**, Narre Warren  
Warm up 6pm start 6.35pm

Entry by pink/blue cards which are available from Rosa ([montaguegallagher@bigpond.com](mailto:montaguegallagher@bigpond.com)) or Brenton on poolside

### Put into your diaries

Sat. 1st August - **State Short Course**  
(entries close July 20)

Sat. 12 September - **State Relay Carnival**

October 10-17 **World Masters Games Sydney**

It would be great to bank up our club's recent success at both the States and Nationals, so please put these dates into your diaries and train hard!  
**Dinner** will also be organised after both events.

## Membership

We would like to welcome our new members:

**Rachel Balding, Mark Griffiths, Kelly Higgins, Sebastian Koebele, Jana Kuznik, Carolyn Last, Belinda Marshall.**

Our current membership is 127 for this year, which is a fabulous number!

## Stop Press!!!

**Jennie Bucknell** and **Peter Borain** qualify for four events each at the Open State Championships at MSAC later in July. Go fast!

Congratulations to **Liz Gosper, Katie Riordan** and **Archer Talbot**, on running the Melbourne Half Marathon last weekend. Both girls ran a super race, with age rankings of: Liz 3<sup>rd</sup>, and Katie 29<sup>th</sup>; and easily beating Archer – age rank of 620<sup>th</sup>.

**Anita Killmier** is running private swim lessons at her East Malvern home. Many Powerpoint swimmers have already taken up the challenge and benefited greatly from the one on one coaching.

Your news could be here, if it is brief! Let us know anything good.

## Results

### **Long Distance Short Course**

Congratulations to all the swimmers. There were many PB's, state records and the following set National records.

<b>Helen Whitford</b>	400 IM
<b>Liz Gosper</b>	1500 Brst
<b>Lee Morgan</b>	400 Fly
<b>Peter Borain</b>	400 IM, 800 IM 400 Brst
<b>Michael Moloney</b>	400Brst, 800 Brst, 1500 Brst

## Results

### **North Lodge Pentathlon**

**Duncan Cleary** was smokin' at the Monash Pool last weekend. He took 9 secs off his nominated time for the 25m Fly! A special mention also to **Marijke Alderson** who is returning to great swimming form.

Powerpoints came 2<sup>nd</sup> as a group to the Marlins in both the men's and women's overall points.